

Leçon 2-2 Accountability Partner

1. Do you have a close friend? Someone who understands you and shares your spiritual needs and goals?

2. Do you have anyone who builds you up, spiritually?

3. Do you have someone to share your spiritual feelings with?

4. Do you have someone to pray with?

5. Do you have someone to lift you up, when you fall?

6. What are your spiritual goals?

7. What goals does God want you to pursue? Read I Timothy 6:11 and Micah 6:8.

1 Timothy 6:11 But as for you, O man of God, flee these things. Pursue righteousness, godliness, faith, love, steadfastness, gentleness.

Micah 6:8 He has told you, O man, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

8. Do you have someone who loves you and is helping you reach your goals?

9. This lesson will guide you in how to choose and connect with an accountability partner. An accountability partner is someone with whom you can connect with spiritually and share your faith one on one.

10. Read :

1 Thessalonians 5:11 Therefore encourage one another and build one another up, just as you are doing.

Galatians 6:2 Bear one another's burdens, and so fulfill the law of Christ.

Hebrews 10:25 not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

11. Concerning choosing an accountability partner, we have some suggestions based on our experience:

- a. Must be a believer.
- b. Should be of the same gender.
- c. Someone who is not a gossip. If you are a gossip, don't have an accountability partner until you can control this bad habit.

12. Are you uncomfortable praying in front of others?

13. If you are uncomfortable praying in front of others, you can conquer this fear with the help of your accountability partner. One of the most important activities when meeting with an accountability partner is prayer, and if you pray often in front of your accountability partner, you will gain confidence in praying in front of others.

As a Christian you may be called on in many circumstances to pray and it is important to do this with confidence as a witness of your faith and the power of the Gospel.

14. It is important to point out that if you want to benefit from an accountability partner, you need to discuss spiritual things when you meet. If you get together to discuss politics or sports, you will go nowhere. Also, if it becomes a gossip session, it will be counterproductive. Practice the concepts in the word: love, forgiveness, encouragement etc.

15. Getting started:

A. Pray for a suitable accountability partner.

B. Search for a partner. The best place to find one is at your church: someone you already know and feel would be compatible with you. Better yet, find someone in your prayer group if you have one. Also, the key word is partner. It is better if it isn't a teacher - student relationship.

C. Call the first meeting. Develop a plan and discuss the following:

- The Scriptures in items 7 and 10.
- Your needs and your partner's needs.
- what you would like to accomplish - goals(recall item 7 above)
- Determine a time and place to meet. Meet regularly (monthly, weekly, bi-weekly, daily) whatever seems best. Choose a time and place that is quiet and without interruptions.
- Discuss trust and confidentiality. Don't share intimate secrets too quickly. You need to develop trust and understanding.
- Basic format and time limit, if necessary.
- Basic personalities (many times one person will dominate). This can be controlled with open and honest communication.

D. Be considerate and don't forget to pray for your partner's needs and family.

E. Have a time of quiet so the Holy Spirit also has a time to speak.

F. Have a time to read and discuss Scriptures.

G. You should know within a month or two whether the partnership will work. If it doesn't, break it off amicably and try to find someone else.

16. Conclusion: We need to press on toward the goal unto the prize of the high calling of God in Christ Jesus and we need to help each other. The accountability partner can be a great asset in this endeavor. Ephesians 4:2-3

Ephesians 4:2 with all humility and gentleness, with patience, bearing with one another in love,
Ephesians 4:3 eager to maintain the unity of the Spirit in the bond of peace. (ESV)

17. Testimony: Jimmie and Jimmie



Jimmie and I met and became good friends while in Sunday school. I'm not sure how it began, but we started meeting on Tuesday nights for fellowship and prayer; sometimes there were others, but usually it was just the two of us.

We started each session talking about our week. Then we would select a country to pray for. We had a book called "World Operation," that would give us facts about each nation in the

world and the needs of the people and the missionaries. Praying for these countries gave us a great sense of accomplishment.

For a period of time we had financial needs in our families. We would each throw our wallets on the floor between us as a symbol of our finances and ask the Lord to bless them. We trusted God for all our needs.

We prayed for our church, our pastor, missionaries, our families, our friends, anything we could think of. We pulled up a third chair for God. We believed in what Jesus said: where two or three are gathered together, there am I.

I moved out of the area and we no longer meet, but we are still very close. The accountability relationship we share allows us to experience the depth of pure love: no jealousy, no competition, no ego. When we are together we feel none of the fruit of the flesh, only the fruit of the Spirit. J and J